

While The Jason Foundation specializes in awareness and education of suicide prevention, we often receive requests from people that are looking for mental health resources in their area. The links below provide information for those searching for mental health services or providers.

The resources listed are for informational purposes only. The Jason Foundation does not endorse, recommend, or vouch for the quality of services provided by the agencies. Please take caution when choosing the provider and services that best meet your individual needs, costs, and standards.



988 Suicide & Crisis Lifeline

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. They're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

SAMHSA Facility and Mental Health Resources Locator

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. They provide a Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems. findtreatment.gov

The Jason Foundation

The Jason Foundation, Inc. (JFI) is a nationally recognized leader in youth suicide prevention and awareness. Our mission is to provide programs and resources for students, educators, and parents to help recognize and assist young people who may be struggling with thoughts of suicide. The Jason Foundation has never charged any school, district, teacher, or coach for the use of any of our programs or materials.

Through The Jason Foundation, you have accessible a wealth of information that can be utilized in your professional and personal life. Visit our website, www.jasonfoundation.com, to learn more about the programs available and how you can become involved in suicide prevention. Please join us in combatting the "Silent Epidemic" of youth suicide.

If you are experiencing an emergency, call 911 or visit your local emergency room.

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