TRACK AND CROSS COUNTRY

Penthouse & Pearl High School

WOODY BARNETT - Executive Director, MAAA
WILLIE CALVIN - Assistant Coach, Hinds Community College
CHARLES COVINGTON - Head Coach, Sattillo High School
HEATH DUDLEY - Former Head Coach, J.Z. George High School

NIC FORTENBERRY-Head Track & Field Coach, Christian Brothers High School (Memphis, TN)
BILL HOFFMAN-Head Cross Country Coach, Christian Brothers High School (Memphis, TN)

SCOTT KENDRICKS-Former Head Coach, Oxford High School

WEDNESDAY, JULY 19 (Pearl High School)

1:30 PM KENDRICKS: Pole Vault (Classroom Instruction)
3:00 PM KENDRICKS: Pole Vault (On Field Demonstration)

THURSDAY, JULY 20 (Penthouse)

8:30 AM DUDLEY: Managing Multi -Event Athletes

9:15 AM BARNETT: Mid-Distance: 4x800/800

10:00 AM MHSAA: Rules & Eligibility

1:30 PM CALVIN: High Jump

2:15 PM HOFFMAN: Injury Prevention, Putting on Meets, Starting a Cross Country Culture

3:00 PM FORTENBERRY: Springs & Hurdle Training

3:45 PM COVINGTON: Managing Athletes Who Are Involved in Numerous Activities

DIRECTIONS TO PEARL HIGH SCHOOL:

Go W on E County Line Road Get on I-55 South to I-20 East Take Exit 52 (Airport Rd.) Go Left on US Highway SO W Pearl HS will be on the left.

MS SPORTS MEDICINE'S CPR CERTIFICATION

Cabana Room

WEDNESDAY, JULY 19

8:00 - 11:30 AM CPR Class First Time Participants (Challenge Available for any Current Card Holder - No Appt Necessary)

8:00 - 11:30 AM Challenge Available for Any Current Card Holder (No Appointment Necessary)

1:00 - 4:00 PM Challenge Available for Any Current Card Holder (No Appointment Necessary)

(For specific questions concerning CPR certification, please visit the MS Sports Medicine booth)

ADDITIONAL SPEAKING TOPICS

Cabana Room

RONALD D. KYZAR - Financial Services

THURSDAY, JULY 20

9:00 AM Retirement Foundations- PERS, Social Security
10:00 AM PERS, 13th Check & Partial Lump Sum
1:30 PM Investing for Tax Free Income
2:00 PM Retirement Foundations- PERS, Social Security
3:00 PM PERS, 13th Check & Partial Lump Sum

11:00 AM Strategies for Younger Coaches

SPECIAL EVENTS

FCA COACHES LUNCHEON - This complimentary lunch will be held at the Hilton, on Thursday, from 11:30 a.m. to 1:15 p.m. Reservations necessary, visit the FCA Booth for complete details.

HOSPITALITY ROOM - Visit and enjoy coffee and Coke each day in the Crowne Room.

Sponsored by Jackson Coca-Cola Bottling Company and Jackson Convention & Visitors Bureau.

MAC COACHES SOCIAL - MAC Members Only! Drinks and heavy hors d'oeuvres will be served on Thursday at 6:30 PM. DJ and Karaoke. Grand Ballroom A, B & C . Sponsored by Mississippi Sports Medicine & Orthopaedic Center.

UNDERGRADUATE SCHOLARSHIPS - MAC Members who will have a natural or adopted child enrolled in college the fall semester of 2017-2018 are eligible to participate in a drawing. Registration Forms are available at MAC desk. **YOU HAVE TO BE PRESENT TO WIN. Sponsored by World Class Athletic Surfaces, Leland, MS.**

Clinic Note Concerning Replacement Cards:

If you lose your new membership card or forget to bring it, you can get a duplicate at the MAC Registration Desk for \$5.00.

Exhibitors Show Schedule

Tuesday, July 18 12 NOON - 4:00 PM Wednesday, July 19 7:00 AM - 4:00 PM Thursday, July 20 8:00 AM - 4:00 PM Friday, July 21 8:00 AM - 12 NOON



Wilder Fitness MULTI-SPORTS CLINIC

July 18 - July 21, 2017 • Hilton Hotel • Jackson, MS

BASIC SCHEDULE

MONDAY, JULY 17

1:00 PM "Fid" Jones Memorial Coaches Golf Tournament - Sponsored by BSN Sports,

Lake Caroline Golf Course

TUESDAY, JULY 18

11:00 AM Registration - Hilton Lobby

12:00 NOON CEU Orientation - Grand Ballroom C

1:00 PM Golf Tournament- Sponsored by BSN Sports, Canton Country Club

2:00 PM Clinic Sessions Begin

WEDNESDAY, JULY 19

7:30 AM Registration - Hilton Lobby

8:00 AM CEU Orientation - Grand Ballroom B/C

8:30 AM Clinic Sessions Begin

9:00 AM Sterling Rose Brunch (Coaches' Wives) - Penthouse

1:00 PM Hospitality Room - Crowne Room

6:00 PM All-Star Volleyball Game - Millsaps College

THURSDAY, JULY 20

7:30 AM Registration - Hilton Lobby

8:00 AM Clinic Sessions Begin

9:30 AM Hospitality Room - Crowne Room

11:30 AM - 1:15 PM FCA Luncheon - Grand Ballroom

6:30 PM Mississippi Sports Medicine Coaches' Social - Grand Ballroom

FRIDAY, JULY 21

7:30 AM Registration - Hilton Lobby

8:00 AM Clinic Sessions Begin

9:30 AM Hospitality Room - Crowne Room

10:00 AM Motivation - Grand Ballrooms A, B & C

11:00 AM District Meetings

D1 / D5 - Amphitheater I

D2 / D6 - Ballroom C

D3 / D4 - Ballroom A D7 / D8 - Ballroom B

11:30 AM General Business Meeting - Grand Ballrooms A, B & C

(Service Awards, Amanda Price Award, & Roy Garcia Award will be presented)

12 NOON New Board of Directors Meeting - Grand Ballroom



MISSISSIPPI ASSOCIATION OF COACHES

P.O. Box 1194 • Clinton, MS 39060 •
Phone: 601-924-3020 • Fax: 601-924-3050 • www.mscoaches.com
@MACoaches Find us on Facebook!

ARCHERY

Grand Ballroom C

WALDOCLELAND-AIMS Director TREY HUMPHREYS-Head Coach, Blue Mountain College JOHN McDONALD-AIMS Coordinator JOHNNY STINSON-Head Coach, William Carey University JEFFERY WALKER-Head Coach, Simpson Central High School **TUESDAY, JULY 18** 2:00 PM CLELAND: Questions & Answers about AIMS 2:30 PM STINSON: Target Panic/Equipment 3:00 PM McDONALD: Electronic Scoring System 3:30 PM WALKER: Hosting a Tournament for Your School

4:00 PM HUMPHREYS: Tuning the AIMS Bow

BASKETBALL

DIRECTIONS TO TOUGALOO COLLEGE:

Go West on E. County Line Rd.

Right onto W County Line Rd.

Tougaloo College will be on right.

Left onto N State St./US 51

Cross over I-55

LARRY CORDARO- Head Men's Coach, Louisiana State University - Alexandria PHIL CUNNINGHAM- Head Men's Coach, Troy University SURINA DIXON- Head Girls' Coach, Jackson State University JORDAN DUPUY- Head Girls' Coach, Northwestern State University RICK INSELL- Head Girls' Coach, Middle Tennessee State University JAY LADNER- Head Men's Coach, Southeastern Louisiana University CHRIS ONEY-Head Men's Coach, Pearl River Community College COURTNEY PRUITT-Head Girls' Coach. Alcorn State University TOMEKIA REED- Head Girls' Coach, Hinds Community College DOC SADLER- Head Men's Coach, University of Southern Mississippi JASON THOMPSON- Head Girls' Coach, Olive Branch High School

TUESDAY, JULY 18 (On Court Demo at Tougaloo College) 2:00 PM CUNNINGHAM: Pick & Roll Breakdowns

3:30 PM SADLER: Half Court Defense

WEDNESDAY, JULY 19 (On Court Demo at Tougaloo College) 10:00 AM LADNER: Favorite Practice Drills

1:00 PM CORDARO: Creating a Winning Culture 2:30 PM DUPUY: Shuffle Cut Offense

THURSDAY, JULY 20 (On Court Demo at Tougaloo College)

8:00 AM DIXON: Zone Offenses 9:30 AM INSELL: MTSU Basketball THURSDAY, JULY 20 (Grand Ballroom A)

> 1:30 PM ONEY: How to Attack Zone Defenses 2:30 PM THOMPSON: Uptempo Practice Drills

3:30 PM PRUITT: Team Culture

FRIDAY, JULY 21

8:00 AM REED: Building an Attack System for Your Program 9:00 AM MHSAA: Rules & Eligibility (B & C)

BOWLING

JOEY BLOUNT-Head Coach, Neshoba Central High School CREIGHTON NELMS-Head Coach, Blue Mountain College

TUESDAY, JULY 18

2:00 PM BLOUNT: Starting a Program from the Ground Up 3:00 PM NELMS: Bowling Program Strategies

4:00 PM MHSAA: Rules & Eligibility

CHEER

Grand Ballroom I

KELSEY COOPER-State Director. UCA WILL EMMONS-Head Instructor, NCA MIKE NORDENGREN- AACCA STAN TABOR- State Director, NCA

TUESDAY, JULY 18

2:00 PM COOPER & TABOR: STUNT Demonstrations

3:00 PM EMMONS: STUNT Progressions

4:00 PM NORDENGREN: Game Day Do's and Don'ts & Rules

Grand Ballroom A

MELINDA SCRUGGS- Girls' Head Coach, Lafayette High School

TUESDAY, JULY 18

2:00 PM SCRUGGS: Goal Keeping:Positioning, Angle Play & Breakaway Saves 3:00 PM SCRUGGS: Coaching Attack & Defend Using Small Sided Games 4:00 PM MHSAA: Rules & Eligibility

SWIMMING

RAY LOSSETT- Head Coach, Picayune Memorial High School BRIAN WARE- Head Coach, Madison Central High School

TUESDAY, JULY 18

2:00 PM WARE: Preparing a Season Plan

3:00 PM LOSSETT: How to Start a New Swim Program at Your School 4:00 PM LOSSETT & WARE: New High School Rules & Changes

VOLLEYBALL

Amphiteather II & On Court Demonstration at Millsaps College (Hangar Dome)

JUSTIN DEES- Head Coach, Belhaven University JAIME FISHER-Head Coach, Millsaps College **TUESDAY, JULY 18 (Amphitheater II)**

> 3:00 PM DEES: Basic Volleyball Coaching 4:00 PM MHSAA: Rules & Eligibility

DIRECTIONS TO MILL SAPS COLLEGE: Go West on E. County Line Rd.

Get on I-55 South Take Exit 98A toward Woodrow Wilson Dr. Turn Left onto N. State Street

Millsaps College will be on right

WEDNESDAY, JULY 19 (On Court Demonstration at Hangar Dome - Millsaps College)

1:30 PM FISHER: How to Be Creative With Equipment On A Budget 2:30 PM FISHER: How to Organize & Maximize Practice Space & Time

FOOTBALL

Grand Ballrooms B and C

DAVE ARANDA- Defensive Coordinator, Louisiana State University PAT AUSTIN- Recruiting Specialist, Mississippi State University JUDD BOSWELL- Head Coach, Clinton High School

SCOTT BROCK-Defensive Coordinator, East Central Community College CHRIS CHAMBLESS- Head Coach, West Point High School

GLENN DAVIS- Head Coach, Copiah Lincoln Community College BRETT ELLIOTT- Quarterbacks Coach, Mississippi State University

MICHAEL FAIR-Head Coach, Lafayette High School

GABE FERTITTA- Head Coach, Baton Rouge Catholic High School (Baton Rouge, LA)

ROD GIBSON- Recruiting Specialist, Mississippi State University TODD GRANTHAM- Defensive Coordinator, Mississippi State University

WILL HALL- Offensive Coordinator, University of Louisiana-Lafayette JOHN HENDRICK- Defensive Coordinator, Jackson State University

RANDY JACKSON- Head Coach, North Forney High School (Dallas, TX)

TAVARES JOHNSON- Head Coach, Gentry High School

CHRIS JONES- Head Coach, Starkville High School PERRY LILES- Head Coach, Calhoun City High School

PHIL LONGO- Offensive Coordinator, University of Mississippi

ERIK LOSEY-Offensive Line Coach, University of Southern Mississippi TOM LUKE- Assistant AD/ Player Development, University of Mississippi

WESLEY McGRIFF- Defensive Coordinator, University of Mississippi LES MILES-Former Head Coach, Louisiana State University

BRAD PETERSON- High School Relations & Recruiting, Mississippi State University

DOUG RUSE- Offensive Coordinator, Tulane University

LEE WILBANKS- Assistant AD/Player Personnel. University of Mississippi

MARCUS WOODSON- Defensive Backs Coach, University of Memphis

WEDNESDAY, JULY 19 (OFFENSIVE COACHES: BALLROOM B: DEFENSIVE COACHES: BALLROOM C)

10:30 AM MILES: Building a Winning Program (B & C) 1:30 PM LONGO: Developing a Competitive Culture On Offense (B)

McGRIFF: Fundamentals of the Defensive Back Position (C)

2:30 PM ELLIOTT: Quarterback Runs (B) GRANTHAM: Mississippi State Defense (C)

3:30 PM JOHNSON, JONES & LILES: Panel Discussion- Inside 1A/2A/3A Championship Programs (B) FERTITTA: Offensive Line Play in GAP Scheme Power Variations (C)

THURSDAY, JULY 20 (OFFENSIVE COACHES: BALLROOM B: DEFENSIVE COACHES: BALLROOM C)

8:15 AM AUSTIN, GIBSON, LUKE, PETERSON, WILBANKS: Behind the Scenes of Coaching SEC Football (B) BOSWELL, CHAMBLESS & FAIR: Panel Discussion-Inside 4A/5A/6A Championship Programs (C) 9:15 AM DAVIS: Wolfpack Quick Game Concepts (B)

WOODSON: 3rd Down Simulated Pressures (C)

10:15 AM HALL: Situational Game Planning & Quarterback Play (B) ARANDA: LSU Tiger Defense (C)

1:30 PM RUSE: Tulane's Zone Read Option (B)

HENDRICK: Building a Winning Defense (C) 2:30 PM LOSEY: Pass Pro Technique & Drill Work (B)

BROCK: Winning from the Bottom (C) 3:30 PM JACKSON: In Season Championship Culture (B & C)

FRIDAY, JULY 21

8:00 AM MHSAA: Rules & Eligibility (B & C)

ATHLETIC DIRECTOR

Grand Ballroom A

BRADEN BISHOP-Sports Information Director, Tupelo High School JOHN COHEN-Athletic Director, Mississippi State University

JIM KEITH-Attorney, Adams & Reese LLP

THURSDAY, JULY 20

8:30 AM KEITH: Current Issues with MHSAA

9:15 AM COHEN: Coach to Athletic Director Transition 10:00 AM BISHOP: Promoting Your School Through Social Media

10:45 AM MHSAA: Questions & Answers

BASEBALL

Amphitheaters I & II

BOBBY BARBIER-Head Coach, Northwestern State University

MIKE BIANCO- Head Coach, University of Mississippi

CHAD CAILLET- Associate Head Coach, University of Southern Mississippi

TRAVE HOPKINS- Head Coach, Clinton High School JAMIE McMAHON- Head Coach, Gulfport High School

JIM SCHWANKE-Fomer Hitting Coach, Louisiana State University

MICHAEL SHUMAKER- Associate Athletic Director for Sports Performance, Mississippi College

TERRY THOMPSON-Owner, Pro Pitching Training

WEDNESDAY, JULY 19

8:30 AM McMAHON: Infield Play 9:30 AM THOMPSON: Pitching

10:30 AM MHSAA: Rules

1:30 PM BIANCO: Ole Miss Baseball 2:30 PM BIANCO: Ole Miss Baseball

THURSDAY, JULY 20

8:30 AM SCHWANKE: Blast & the Coaching Process

9:30 AM SCHWANKE: The Baseball Life- Play, Coach, Advise, Give Back

10:30 AM BARBIER: Base Running

1:30 PM CAILLET: The Swing & Eagle Offense

2:30 PM CAILLET: The Swing & Eagle Offense

FRIDAY, JULY 21

8:00 AM SHUMAKER: Baseball Strength Program

9:00 AM HOPKINS: Catching

MOTIVATION

Grand Ballrooms A/B/C

TONY ROBICHAUX- Head Baseball Coach, University of Louisiana-Lafayette

FRIDAY, JULY 21

10:00 AM ROBICHAUX: Bases for Life

POWERI IFTING

Grand Ballrooms B & C

MARTY WARREN-Head Coach, Pontotoc High School

WEDNESDAY, JULY 19

8:30 AM MHSAA: Rules & Eligibility 9:30 AM WARREN: An Overview

SOFTBALL

Grand Ballroom A & Cabot Lodge

ERIN CLARY-Head Coach, Millsaps College

ANDY KIRK- Head Coach, Itawamba Community College

GLENN LUCAS - Southern Athletic Fields STEPHANIE VAN BRAKLE PROTHRO- Assistant Coach. University of Alabama

WEDNESDAY, JULY 19 (Grand Ballroom A) 8:30 AM LUCAS: Field Maintenance

9:30 AM VAN BRAKLE PROTHRO: Transition from Pitcher to Pitching Coach 10:30 AM VAN BRAKLE PROTHRO: Pitching Drills- Curve & Drop

1:30 PM MHSAA: Rules & Eligibility

THURSDAY, JULY 20 (Cabot Lodge)

8:30 AM KIRK: Base Running 9:30 AM CLARY: Recruiting

10:30 AM CLARY: Constructing & Planning Productive Practices

TENNIS

River Hills CC will be on left.

Drive 5.7 miles

DIRECTIONS TO RIVER HILLS CC:

Go East on E. County Line Rd.

Take a right onto Ridgewood Rd.

(The Hilton is on the corner of

County Line & Ridgewood Rd.)

Crowne Room & River Hills Country Club

WEDNESDAY, JULY 19

10:00 AM Seminar by Mississippi Tennis Association (Crowne Roome) 1:30 PM On Court Demonstration (River Hills Country Club Indoor Courts)